

R.D. ENGINEERING COLLEGE

Approved By AICTE New Delhi & Affiliated To Dr. APJ Abdul Kalam Technical University, 9KM MILE STONE ON NH-58 DELHI MEERUT ROAD DUHAI GHAZIBAD-201206 (U.p.) PHONE:0120-2679301,02,03,04 FAX:0120-2679300

Email:info@rdec.in

Website:www.rdec.in

Criteria-5 5.1.2 Life skill

(Name of Event)

Yoga session

YEAR:- 1ST YEAR

COURSE:-B.Tech

SESSION:-2020-2021



Yoga Skills

I message

Mr. Manu Kothiyal < sendittomanu@gmail.com >

Wednesday,17thJune,2020 at 1:55 pm

To: rupali1978@gmail.com

Dear Sir/Madam.

We hope this email finds you well. We are delighted by having the opportunity to invite you as a guest speaker in our college for Yoga Skill Webinar on 24th June, 2020. We will be honored with your presence and be able to share your experience and opinions.

We hope that we will benefit a lot from your presence.

Thank You

Regards, Mr. Manu Kothiyal





Yoga Skills

I message

Miss Rupali rupali22@gmail.com

To: <sendittomanu@gmail.com>

Thursday,18th June,2020 at 1:35 pm

Dear Sir/Madam,

Thank you for inviting me as a guest speaker in the **Yoga Skills Webinar**. I am honored and thrilled to accept the opportunity to contribute to such a prestigious event. I have reviewed the details in the invitation and am delighted to confirm my attendance as a speaker.

Thank You

Regards,

Mis Rupali







R.D. ENGINEERING COLLEGE

Approved by AICITENew Delhi&Affiliated toDr.APJAbdulkalam Technical University,lucknow 9thKM Mile Stone on NH-58 Delhi Meerut Road Duhai Ghaziabad -201206(U.P)

Phone: 0120-2679301,02,03,04 Fax: 0120-2679300

Email:info&rdec.in

Website:www.rdec.in

NOTICE

All the students of B.Tech 1st Year are hereby inform that our college is organizing yoga session at 11:00 am in college campus.

DATE:- 24th June,2020

VENUE:- Online

All B.Tech Students are required to attend the session regularly to maximize the benefits offered.

Your Faithfully,

Mr.Manu kothiyal

(EVENT COORDINATOR)

CC;

For Kind Info.Chairman,
Director
Dean Academic
IQAC Cell
Hostel Warden
Students Notice Board
Hostel Notice Board



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Email:info@rdec.in

Website:www

Yoga Session

Guest Speaker
Ms.Rupali

Venue:- Online

Date: - 20st june, 2020

Time:-11:00 am



Event Coordinator Mr.Manu Kothiyal







R.D. ENGINEERING COLLEGE

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Guest Profile

Ms. Rupali is a dynamic profile having more than 10+
Years of experience in the field yoga session.
Her exposures & experience will be boom to the students.

She has created more than 5000+ students till now in india. She is invited by top colleges and universities.

orealor college

Department of applied science & humanities Session2020-21

Report of workshop conducted for B.Tech first year students

Topic:- Yoga Session
Speaker:- Miss Rupali

Date: - 24th June, 2020

Time:- 11:00am

Venue: - Online

This workshop is organized by department of Applied Sciences & Humanities to benefit health awareness, physically and mentally strength by the help of Yoga Session of B.Tech first year students. Approximately 120 students benefitted by the workshop.

OBJECTIVES:-

- Development of mental strength and ability.
- · Health Awareness.

FUTURE OUTCOMES:-

- It helps an individual to fight with common life style diseases.
- It can be helpful in back pain, arthritis and other common problem.

HOD A S&H

EVENT COORDINATOR

RD ENGINEERING COLLEGE

Session- 2020-2021

Program

LIFE SKILL

Topics

WEBINAR ON PHYSICAL FITNESS

Date

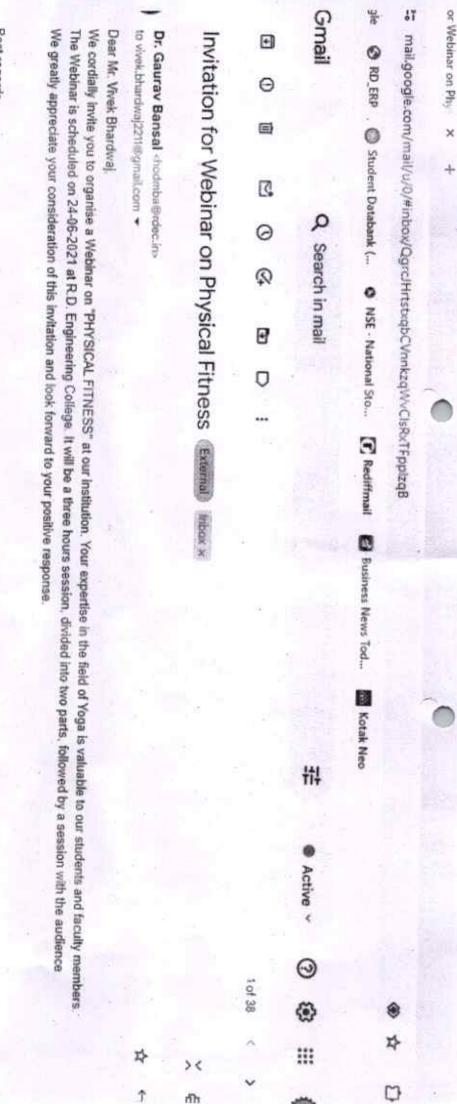
24/06/2021



Director College

Director College

R.D. Engineering Ghaziabad



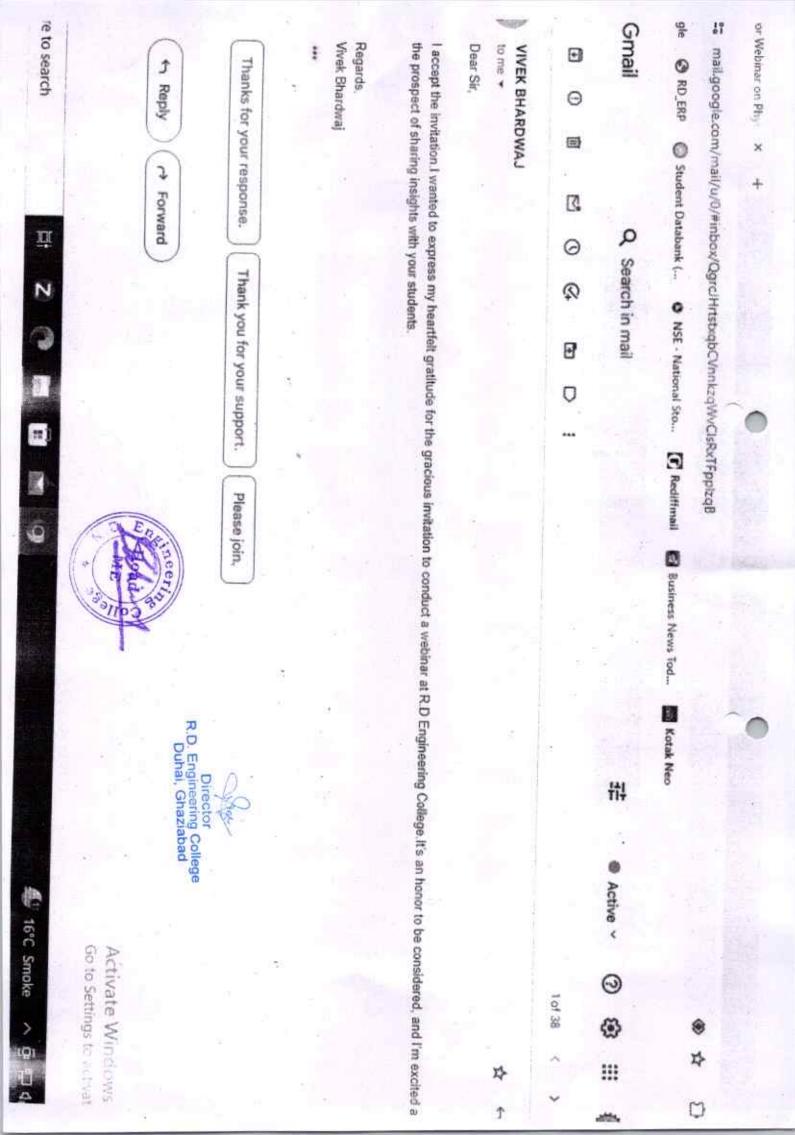
Best regards,

Dr. Gaurav Bansal
Head & Professor
MBA Department.
R.D.Engineering College, Duhai, Ghaziabad(U.P.)

Head S

R.D. Engineering College Duhai, Ghaziabad

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R.D. ENGINEERING COLLEGE

Approved by AICTE New Delhi & Affiliated to Dr.APJ Abdul Kalam Technological University,

Lucknow

Under the aegis of IQAC

Ref.....

Date-22/06/2021

Notice

This is hereby informed to all the students of ME that a one day student webinar on PHYSICAL FITNESS will be organized by the R.D Engineering College, Ghaziabad in association with IQAC on 24/06/2021 at 10:00 am in A block seminar hall.

Faculty coordinator for above program is Mr. Jyoti Rai. Contact him for any further queries or difficulties.

Prof. SANJAY BALTWAL

(Head& Professor, ME Dept.)

CC:

Director

Registrar

IQAC

Departmental Notice Board

Hostel Notice Board

VIVEK BHARDWAI

10/155 Geeta Colony Delhi-110031, India Ph: 09650933755, 01122509898

OBJECTIVES

- To serve the people through knowledge and practice of yoga, that I acquired in reputed institutes through my sincere efforts.
- 2. To disseminate yoga in its real form.

ACADEMICS

B.Sc. (Zoology Hones)

PROFESSIONAL QUALIFICATIONS

- Diploma in pharmacy(two years)
 PUSA Polytechnic
- Two years diploma in yoga (DYT)
 Morarji Desai National Institute of Yoga.
 (Ministry of health, Govt. of India)
- 3. Bachelor of physical education (B.P.Ed)
 Jivaji university

PROFESSIONAL EXPERIENCE

- Yoga instructor and health consultant in Anandateet Yog Sadhna Kendra, Gandhi Nagar.
- 2. Writing a book on Yogasanas.
- Assigned as a yoga instructor for justice of supreme court through Morarji Desai National Institute of Yoga.
- Resource person in state council of education research and training (SCERT) seminars j
 yoga teachers.
- 5. Articles published in SCERT magazine.
- 6. Conducted yoga classes in Swami Vivekanand yog samsthan (SVYASA), Bangluru, Moraj Desai National Institute of yoga, Delhi and Rajan Babu T.B Hospital, Delhi.

PERSONAL DETAILS

Date of Birth

22nd November 1981

Father's Name

Dr. Kaushal Kumar Bhardwaj

Languages known

English and Hindi

Permanent Address

10/155 Geeta Colony Delhi-110031

Contact Numbers

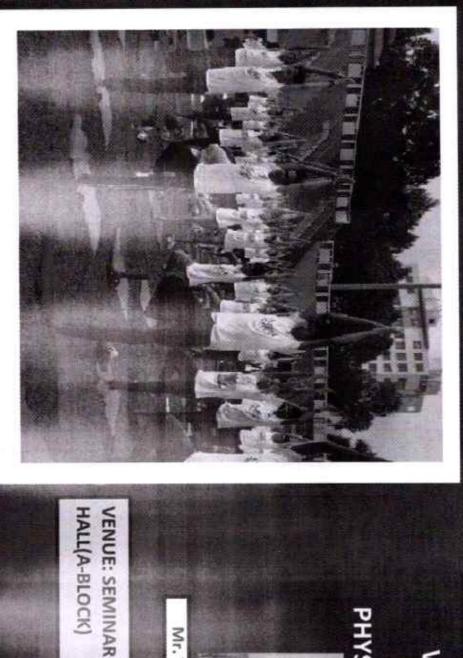
09650933755, 01122509898





9th Km. Stone on NH-58 Delhi Meerut Road, Duhai, Ghaziabad-201206 U.P., Contact: 0120-2679301/02/03/04, ffiliated to Dr. APJ AKTU, Lucknow (Formerly know as UPTU) & Approved by AICTE, New Delhi

Fax: 01202679300, E-mail: Info@rdec.in



WEBINAR

PHYSICAL FITNESS



Mr. VIVEK BHARDWAJ

TIME: 10:00am

DATE:24/06/202





RD ENGINEERING COLLEGE WEBINAR ON PHYSICAL FITNESS MECHANICAL II YEAR (2020-2021) DATE: 24/06 /2021 STUDENT'S NAME SIGNATURE ROLL NO. S NO. 1902310400001 AAQUIB JAVED 1902310400002 AFTAB ANSARI 2 P 1902310400004 BHUPENDER KUMAR 3 1902310400005 DEEPAK KUMAR 4 P 1902310400006 DEEPAK KUMAR 5 1902310400007 DEEPAK KUMAR 6 P 1902310400008 DEEPAK KUMAR 7 P 1902310400009 GAJENDRA KUMAR 8 P 1902310400010 GAURAV KUMAR 9 1902310400011 GAURAV BISHT 10 1902310400013 HEMANT KUMAR р 11 1902310400014 KAPIL KUMAR 12 1902310400015 KM POOJA YADAV 13 1902310400016 MANISH SINGH ρ 14 1902310400017 NIKHIL KUMAR 15 1902310400018 PRATHAM 16 1902310400020 RAHUL 17 D 1902310400021 RAHUL KUMAR SHARMA 18 1902310400023 ROHIT KUMAR 19 1902310400024 SHIVAM 20 1902310400025 SHIVAM RATHAUR Absent 21 1902310400026 SHIVAM SHARMA 22 1902310400027 SONU KUMAR 23 1902310400029 SUNIL KUMAR 24 1902310400030 VINEET KUMAR Absent 25 1902310400031 VISHAL KUMAR 26 1902310400032 VISHAL SHARMA P 27 1902310400033 VIVEKSHEEL P 28 1902310400034 YASH BHARDWAJ 29 2002310409001 AASHISH 30 2002310409003 MD CHAND ALAM ρ 31 2002310409005 RAHUL 32 2002310409006 SHIVAM TYAGI P 33 2002310409007 TUSHAR SINGH P 34 2002310409008 UJJWAL GUPTA 35





DEPARTMENT OF ME

Session 2020-21

Report on LIFE SKILL PROGRAM.

TOPIC: WEBINAR ON PHYSICAL FITNESS.

SPEAKER: Mr. Vivek Bhardwaj

DATE: 24/06/2021

TIME: 10:00 am-01:00pm

VENUE: A Block

This webinar is conducted by Department of ME to improve and physical and mental health of ME students. Approximately 60 students have benefits by this session.

- During the Paleolithic and Neolithic Ages, physical fitness was all about survival. From 2500-250 B.C.E., people started relating physical activity with physical well-being.
- It was performed for the purposes of preparing for physical competition or display, improving physical, emotional and mental health.

OBJECTIVES:-

Ultimate objective of fitness is longevity with no disease, no any physical pain, and happiness. The happiness of life can be obtained through physical fitness.

FUTURE OUTCCOMES:-

- Enhanced cognitive abilities, stress reduction, improved discipline and holistic personal growth are benefits of physical fitness.
- Improve your brain health, help manage weight, reduce the risk of disease, strengthen bones and muscles, and improve your ability to do everyday activities.

EVENT COORDINATOR

(SIGNATURE)

(SIGNATURE)

HOD ME

WEBINAR ON PHYSICAL FITNESS

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5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	ے 4 3 2	1
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WEBINAR ON PHYSICAL FITNESS

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Director College

R.D. Engineering Chaziabad

Duhai Ghaziabad

WEBINAR ON PHYSICAL FITNESS

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WEBINAR ON PHYSICAL FITNESS

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WEBINAR ON PHYSICAL FITNESS

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3.	The information and/or skill presented were relevant and useful.	5 4 3 2 1
4.	The session increased my knowledge and skills.	5 4 3 2 1
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5 4 3 2 1
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R.D. Engineering College Duhal, Ghaziabad

WEBINAR ON PHYSICAL FITNESS

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Director College

Director College

Duhal, Ghazlabad

WEBINAR ON PHYSICAL FITNESS

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WEBINAR ON PHYSICAL FITNESS

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WEBINAR ON PHYSICAL FITNESS

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3.	The information and/or skill presented were relevant and useful.	5	4 3	2	1
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5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5	4 3	2	1
6.	Overall, I am satisfied with this webinar.	5	4 3	2	1



WEBINAR ON PHYSICAL FITNESS

	Branch ME Semester 3rd [1) Name Gauxav Jamer 2) Roll No	1902310400010	
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WEBINAR ON PHYSICAL FITNESS

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WEBINAR ON PHYSICAL FITNESS

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5. The presenter(s) provided adequate time for question and answer them satisfactorily.	5	4	3	2	1
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WEBINAR ON PHYSICAL FITNESS

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WEBINAR ON PHYSICAL FITNESS

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WEBINAR ON PHYSICAL FITNESS

	1) Name Manish Singh 2) Roll No Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point	3) o'	100 scale	0)4 to		
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WEBINAR ON PHYSICAL FITNESS

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WEBINAR ON PHYSICAL FITNESS

	Branch ME Semester 36d	Date_ 2	100			
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WEBINAR ON PHYSICAL FITNESS

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5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5	4	3	2	1
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WEBINAR ON PHYSICAL FITNESS

	1) Name Rahul Roman Shawma 2) Roll No 16		100				
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3.	The information and/or skill presented were relevant and useful.	5	4	3	2	1	
4.	The session increased my knowledge and skills.	5	g	3	2	1	
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5	4	3	2	1	
6.	Overall, I am satisfied with this webinar.	5	4	3	2	1	





WEBINAR ON PHYSICAL FITNESS

	Branch ME Semester 3rd Da 1) Name Shivan 2) Roll No 1	ite_2 902	-			
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with eacircle the number that applies	point ch sta	rating tement	scale . Plea	to se	æ
	5= Excellent 4= Very good 3=Good 2=Average	1= B	elow A	verag	e	
	Questions		An	swer's	5	
1.	Workshop / Webinar objectives were stated clearly and meet.	5	4	3	2	1
2.	The workshop / Webinar was well organised.	5	4	3	2	1
3.	The information and/or skill presented were relevant and useful.	5	y	3	2	1
4.	The session increased my knowledge and skills.	5	4	3	2	1
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5	4	3	2	1
6	Overall I am satisfied with this webinar.	5	4_	3	2	1



R.D. Engineering College

WEBINAR ON PHYSICAL FITNESS

	6 1 1	902310430023 point rating scale to	
	circle the number that applies 5= Excellent 4= Very good 3=Good 2=Average		
	Questions	Answer's	Ì
1.	Workshop / Webinar objectives were stated clearly and meet.	5 4 3 2 1	
2.	The workshop / Webinar was well organised.	5 4 3 2 1	
3.	The information and/or skill presented were relevant and useful.	5 4 3 2 1	
4.	The session increased my knowledge and skills.	5 /4 3 2 1	
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5 4 3 2 1	
6.	Overall, I am satisfied with this webinar.	5 4/ 3 2 1	



R.D. Engineering College Duhal, Ghaziabad

WEBINAR ON PHYSICAL FITNESS

	Branch ME Semester 3 and Da 1) Name MD Chand Alam 2) Roll No 2	te_24			-		
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point	rating	scale	to	9.00	
	5= Excellent 4= Very good 3=Good 2=Average	1= B	elow A	lverag	e		
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	Please respond to the following Statements by using the 5	2) Roll No 2002316409605 To respond to the following Statements by using the 5 point rating scale to the the extent to which you agree or disagree with each statement. Please the number that applies To cellent 4= Very good 3=Good 2=Average 1= Below Average Questions Answer's Shop / Webinar objectives were stated clearly and 5 4 3 2 Torkshop / Webinar was well organised. 5 4 3 2 Tormation and/or skill presented were relevant and 5 4 3 2 Tormation increased my knowledge and skills. 5 4 3 2 To essenter(s) provided adequate time for question and	Ĝ.
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WEBINAR ON PHYSICAL FITNESS

	1) Name Shivam Typi 2) Roll No 2 Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point i	loy (900 scale	6 e to	i e				
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	1) Name	point i	rating	scale	e to	
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6.	Overall, I am satisfied with this webinar.	5	g	3	2	1



RD ENGINEERING COLLEGE WEBINAR ON PHYSICAL FITNESS MECHANICAL III YEAR (2020-2021) DATE: 24/06/2021 SIGNATURE S NO. ROLL NO. STUDENT'S NAME 1823110081 RAHUL KUMAR 1823140001 ADIL ALI 2 ₽ 1823140002 AHMED UMAR USMAN P 3 1823140003 AKHIL KUMAR 4 1823140004 AKSHAY UPADHYAY 5 P P 1823140005 ALI KHAN 6 1823140006 AMAN 1823140007 AMAN KUMAR 8 1823140008 AMARENDRA KUMAR SINGH Absent 9 1823140009 ANIRUDDH KUSHWAHA 10 1823140011 ANOOP KUMAR SINGH 11 Absent 1823140012 ASHAD ULLAH 12 1823140013 BHARAT KUMAR 13 1823140014 BHAVNA 14 1823140015 CHETAN GAUTAM P 15 1823140016 GUL MOHAMMAD Absent 16 1823140017 HARSH TYAGI 17 1823140018 HARSH HATWALIYA Absent 18 1823140019 HRITIK KUMAR 19 1823140021 KUNAL PAL 20 1823140022 KUNDAN PRASAD 21 1823140024 MAYANK KUSHWAHA 22 Absen 1823140025 MOHD ANAS 23 1823140026 MD USMAN 24 1823140027 MOHIT kumar 25 1823140028 MUKESH KUMAR Absent 26 1823140031 NIKHIL RUHELA 27 P 1823140032 NIRBHAY SINGH 28 1823140033 NISHANT SHISHODIA Absent 29 1823140034 NISHU DHIMAN 30 1823140035 NITISH Abzen 31 1823140037 PANKAJ GAUTAM 32 1823140038 PRIYANSH 33 1823140039 PRIYANSHU 34 1823140040 RAHUL KUMAR Absen 35 1823140041 RAHUL PRASAD Absent 36 1823140042 RAJU KUMAR 37 1823140043 RAVI KUMAR P 38 1823140044 RISHANK TYAGI p 39 Þ 1823140046 ROHIT 40 Absen 1823140047 SACHIN BANSAL 41





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45	1823140051	SANDEEP	P
46	1823140052	SANYAM MISHRA	P
47	1823140053	SARVESH KUMAR	ρ
48	1823140054	SATPRAKASH	P
49	1823140056	SHIVAM	P
50	1823140057	SHIVAM MAITREY	Absent
51	1823140058	SHOBHIT KUMAR	P
52	1823140059	SHUBHAM KUMAR	Absent
53	1823140060	SURAJ KUMAR	P
54	1823140061	VIJAY PAL	P
55	1823140062	VIVEK SINGH	P
56	1823140063	WILSON RAJ	P
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62	1902310409005	SHASHANK CHAUHAN	P
63	1902310409007	VAIBHAV SHARMA	P
64	1902310409008	VISHAL SHARMA	P



Director College
R.D. Engineering Shaziabad

WEBINAR ON PHYSICAL FITNESS

	ALL CONTRACTOR AND ADDRESS OF THE AD	9023104 00004	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point rating scale to	*
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average	
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1.	Workshop / Webinar objectives were stated clearly and meet.	5 14 3 2 1	
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3.	The information and/or skill presented were relevant and useful.	5 4 3 2 1	
4.	The session increased my knowledge and skills.	5 4 3 2 1	
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5 4 3 2 1	
6.	Overall, I am satisfied with this webinar.	5 4 3 2 1	



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	A I	te 24-6-2021 902310409002
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point rating scale to
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average
	Questions	Answer's
1.	Workshop / Webinar objectives were stated clearly and meet.	5 4/3 2 1
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3.	The information and/or skill presented were relevant and useful.	5 4 3 2 1
4.	The session increased my knowledge and skills.	5 4 3 2 1
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5 4 13 2 1
6.	Overall, I am satisfied with this webinar.	5 4 3 2 1



WEBINAR ON PHYSICAL FITNESS

		923140063	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point rating scale to	÷
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1.	Workshop / Webinar objectives were stated clearly and meet.	5 4 3 2 1	
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WEBINAR ON PHYSICAL FITNESS

	1. 1. 0.	ate 24-6-2021	
	1) Name Vivels Sing h 2) Roll No 192314 006 Please respond to the following Statements by using the 5 point rating scale to indicate the extent to which you agree or disagree with each statement. Please circle the number that applies 5 = Excellent		
		ch statement. Please	
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WEBINAR ON PHYSICAL FITNESS

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	ase respond to the following Statements by using the 5 paragree the extent to which you agree or disagree with each te the number that applies Excellent 4= Very good 3=Good 2=Average Questions rkshop / Webinar objectives were stated clearly and t. workshop / Webinar was well organised. information and/or skill presented were relevant and ul.	point rating scale to	
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1.	Workshop / Webinar objectives were stated clearly and meet.	5 19 3 2 1	
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3.	The information and/or skill presented were relevant and useful.	5 4 3 2 1	
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		1823140060	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point rating scale to	
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average	
	Questions	Answer's	
1.	Workshop / Webinar objectives were stated clearly and meet.	5 4 3 2 1	
2.	The workshop / Webinar was well organised.	5 4 6 2 1	
3.	The information and/or skill presented were relevant and useful.	5 4 3 2 1	
4.	The session increased my knowledge and skills.	5 4 3 2 1	
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5 4 13 - 2 1	
6.	Overall, I am satisfied with this webinar.	5 4 3 2 1	





WEBINAR ON PHYSICAL FITNESS

	1) Name Shahit Kunicut 2) Roll No 19 Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each	323 point	rating	g scale	to	**
	circle the number that applies 5= Excellent	1= E	Below i	Averag	e	
	Questions		A	nswer'	s	
1.	Workshop / Webinar objectives were stated clearly and meet.	5	car	3	2	1
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4.	The session increased my knowledge and skills.	5	14	3	2	1
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5	4	3	2	1
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	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point rating scale to ch statement. Please	ú
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average	
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1.	Workshop / Webinar objectives were stated clearly and meet.	5 4 3 2 1	
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3.	The information and/or skill presented were relevant and useful.	5 4 3 2 1	
4.	The session increased my knowledge and skills.	5 4 3 2 1	
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5 4 L3 2 1	3
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WEBINAR ON PHYSICAL FITNESS

	Branch NE Semester 5th	Date 211-6-2021	
	= 1 1 1 × 1 × 1	1823140034	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with eacircle the number that applies		
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average	
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1.	Workshop / Webinar objectives were stated clearly and meet.	5 4 3 2 :	1
2.	The workshop / Webinar was well organised.	5 4 13 2	1.
3.	The information and/or skill presented were relevant and useful.	5 4 L3 2 1	1
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5.	The presenter(s) provided adequate time for question and answer them satisfactorily.		1
6.	Overall, I am satisfied with this webinar.	5 4 13 2	1



WEBINAR ON PHYSICAL FITNESS

	Branch M& Semester 5th Da 1) Name Sandep 2) Roll No	1823140051	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point rating scale to	ū
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average	
	Questions	Answer's	
	Workshop / Webinar objectives were stated clearly and meet.	5 (4 3 2 1	
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	The information and/or skill presented were relevant and useful.	5 4 73 2 1	
١.	The session increased my knowledge and skills.	5 14 3 2 1	
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5 4 3 2 1	
5.	Overall, I am satisfied with this webinar.	5 4 L3 2 1	



WEBINAR ON PHYSICAL FITNESS

	Branch ME Semester 5th 1) Name Sonyoun Mishey 2) Roll No	1823140052	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with excircle the number that applies	point rating scale to	0
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average	
	Questions	Answer's	
1.	Workshop / Webinar objectives were stated clearly and meet.	5 4 3 2 1	
2.	The workshop / Webinar was well organised.	5 4 La 2 1	
3.	The information and/or skill presented were relevant and useful.	5 (4 3 2 1	
4.	The session increased my knowledge and skills.	5 4 L3 2 1	
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5 4 3 2 1	
6.	Overall, I am satisfied with this webinar.	L5 4 3 2 1	





WEBINAR ON PHYSICAL FITNESS

	1) Name Semester 2) Roll No Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with eacircle the number that applies 5 = Excellent 4 = Very good 3 = Good 2 = Average	point	rating	scale t. Plea	to se		6
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1.	Workshop / Webinar objectives were stated clearly and meet.	5	14	3	2	1	
2.	The workshop / Webinar was well organised.	5	4	(3-	2	1	
3.	The information and/or skill presented were relevant and useful.	5	4	13	2	1	
4.	The session increased my knowledge and skills.	5	4	3	2	1	31
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5	14	3	2	1	
6	Overall Lam satisfied with this webinar.	5	4	13	2	1	7



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1.	Workshop / Webinar objectives were stated clearly and meet.	5 14 3 2 1	
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3.	The information and/or skill presented were relevant and useful.	5 4 3 2 1	
4.	The session increased my knowledge and skills.	5 4 63 2 1	
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5 4 3 2 1	
6.	Overall, I am satisfied with this webinar.	5 4 13 2 1	



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	Branch		17.00	6-2	02)
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1.	Workshop / Webinar objectives were stated clearly and meet.	5	4	3	2	1
2.	The workshop / Webinar was well organised.	5	4	13	2	1
3.	The information and/or skill presented were relevant and useful.	5	19	3	2	1
4.	The session increased my knowledge and skills.	5	4	13-	2	1
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5	14	3	2	1
6.	Overall, I am satisfied with this webinar.	5	4	13	2	1



WEBINAR ON PHYSICAL FITNESS

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	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point rating scale to	7.4
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	Questions	Answer's	
1.	Workshop / Webinar objectives were stated clearly and meet.	5 4 3 2 1	
2.	The workshop / Webinar was well organised.	5 4 L3 2 1	
3.	The information and/or skill presented were relevant and useful.	5 4 3 2 1	
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5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5 (4 3 2 1	
6.	Overall, I am satisfied with this webinar.	5 4 13 2 1	



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	Branch ME Semester 5 H7 Da	te_ 2	4-	6 - 20:	7)	
	1) Name Ravi Kumcot 2) Roll No	182	3141	0043		
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies					53
	5= Excellent 4= Very good 3=Good 2=Average	1= B	elow	Average	0	
	Questions		А	nswer's		
1.	Workshop / Webinar objectives were stated clearly and meet.	5	10	3	2	1
2.	The workshop / Webinar was well organised.	5	14	- 3	2	1
3.	The information and/or skill presented were relevant and useful.	5	4	13	2	1
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6.	Overall. I am satisfied with this webinar.	5	4	13	2	1



WEBINAR ON PHYSICAL FITNESS

	Branch ME Semester 5th Da	ite	24-	6- 3	202)
	1) Name Rasiy Januar 2) Roll No	182	314	0042		
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with eacircle the number that applies	point ch sta	rating temer	g scale nt. Plea	to se	10
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	Questions		Α	nswer'	5	
1.	Workshop / Webinar objectives were stated clearly and meet.	5	9	3	2	1
2.	The workshop / Webinar was well organised.	5	4	3	2	1
3.	The information and/or skill presented were relevant and useful.	5	4	13	2	1
4.	The session increased my knowledge and skills.	5	4	13	2	1
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5	14	3	2	1
6.	Overall, I am satisfied with this webinar.	5	4	13	2	1





WEBINAR ON PHYSICAL FITNESS

1) Name Purisons Semester 5th Date 2446-2021 1) Name Purisons 12 2) Roll No 1823140039 Please respond to the following Statements by using the 5 point rating scale to indicate the extent to which you agree or disagree with each statement. Please circle the number that applies							1/4
	5= Excellent 4= Very good 3=Good 2=Average	1= Be	elow.	Average	2		
	Questions		Α	nswer's			
1.	Workshop / Webinar objectives were stated clearly and meet.	5	4	13	2	1	
2.	The workshop / Webinar was well organised.	5	13	3	2	1	
3.	The information and/or skill presented were relevant and useful.	رقا	4	3	2	1	
4.	The session increased my knowledge and skills.	5	4	13	2	1	
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5	4	3	2	1	
6	Overall. I am satisfied with this webinar.	5	14	3	2	1	



WEBINAR ON PHYSICAL FITNESS

	Branch ME Semester Sth Dat	te_ 24-6-2021	
	1) Name Pringensh 2) Roll No 1	823140038	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each		2
	circle the number that applies	statement. Please	
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average	
	Questions	Answer's	
1.	Workshop / Webinar objectives were stated clearly and meet.	5 64 3 2 1	
2.	The workshop / Webinar was well organised.	5 4 3 2 1	
3.	The information and/or skill presented were relevant and useful.	5 4 13 2 1	
4.	The session increased my knowledge and skills.	5 L4 3 2 1	
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5 4 3 2 1	
6.	Overall, I am satisfied with this webinar.	5 4 L3 2 1	



WEBINAR ON PHYSICAL FITNESS

	Branch M & Semester 5th Da	te	
	1) Name	823140035	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point rating scale to ch statement. Please	
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average	
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1.	Workshop / Webinar objectives were stated clearly and meet.	5 1 3 2 1	
2.	The workshop / Webinar was well organised.	5 4 63 2 1	
3.	The information and/or skill presented were relevant and useful.	5 4 3 2 1	
4.	The session increased my knowledge and skills.	5 4 13 2 1	
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	\5 4 3 2 1	
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WEBINAR ON PHYSICAL FITNESS

	1) Name Wildhil Ruhrda 2) Roll No 19	92311	10				
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies					2	
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2.	The workshop / Webinar was well organised.	15	4	3	2	1	
3.	The information and/or skill presented were relevant and useful.	5	4	13	2	1	
4.	The session increased my knowledge and skills.	15	4	3	2	1	
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5	4	13	2	1	
6	Overall. Lam satisfied with this webinar.	5	4	13	2	1	



WEBINAR ON PHYSICAL FITNESS

	Branch ME Semester 5th Da 1) Name Mghit Kumgel 2) Roll No 2		111	6-20		727	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point	ratin	g scale	to		
	5= Excellent 4= Very good 3=Good 2=Average	1= E	Below	Averag	е		
	Questions		A	nswer's	5		
1.	Workshop / Webinar objectives were stated clearly and meet.	5	4	<u>13</u>	2	1	
2.	The workshop / Webinar was well organised.	5	14	— 3	2	1	
3.	The information and/or skill presented were relevant and useful.	5	4	13/	2	1	
4.	The session increased my knowledge and skills.	5	14	3	2	1	
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5	4	3	2	1	
6	Overall Lam satisfied with this webinar.	5	- 4	3	2	1	



WEBINAR ON PHYSICAL FITNESS

Semester

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5th

1) Name 2) Roll No	823	3114	0026		
Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies			CALL CONTRACTOR STATE OF THE ST		
5= Excellent 4= Very good 3=Good 2=Average	1= B	elow	Averag	е	
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2. The workshop / Webinar was well organised.	5	4	13-	2	040
 The information and/or skill presented were relevant and useful. 	5	ک ا	3	2	
4. The session increased my knowledge and skills.	5	4	L3	2	707
 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5	4	13	2	77.7
6. Overall, I am satisfied with this webinar.	15	4	3	2	1



Director R.D. Engineering College Duhai, Ghaziabad

Date 24-6-2021

WEBINAR ON PHYSICAL FITNESS

1) Name Mohd Alvis 2) Roll No 18		14-6-20	21	
Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point	rating scale	to ise	
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 Workshop / Webinar objectives were stated clearly and meet. 	5	4 3	2	1
2. The workshop / Webinar was well organised.	5	14 3	2	1
 The information and/or skill presented were relevant and useful. 	5	4 3	2	1
4. The session increased my knowledge and skills.	5	14 3	2	1
 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5	4 3	2	1
6. Overall, I am satisfied with this webinar.	5	14 3	2	1



Samuetar 5-th

WEBINAR ON PHYSICAL FITNESS

	1) Name Semester 5th Date Date Semester 5th Date Date Semester 5th Date Date	point rating	o 22 scale to	
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	Questions	Ar	nswer's	
1.	Workshop / Webinar objectives were stated clearly and meet.	5 14	3 2	1
2.	The workshop / Webinar was well organised.	5 4	13/ 2	1
3.	The information and/or skill presented were relevant and useful.	5 14	3 2	1
4.	The session increased my knowledge and skills.	5 4	L3 2	1
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5 4	3 2	1
6.	Overall, I am satisfied with this webinar.	5 4	L3 2	1



WEBINAR ON PHYSICAL FITNESS

	The state of the s	te_ 24-6-2021	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point rating scale to	Š
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average	
)	Questions	Answer's	
	 Workshop / Webinar objectives were stated clearly and meet. 	5 4 3 2 1	=3
	2. The workshop / Webinar was well organised.	5 4 3 2 1	
	The information and/or skill presented were relevant and useful.	5 4 L3 2 1	8
	The session increased my knowledge and skills.	5 4 L3 2 1	ē.
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	6. Overall, I am satisfied with this webinar.	5 4 3 2 1	5





WEBINAR ON PHYSICAL FITNESS

14.74		35
5= Excellent 4= Very good 3=Good 2=Average	1= Below Average	
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 Workshop / Webinar objectives were stated clearly and meet. 	5 4 3 2 1	
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The information and/or skill presented were relevant and useful.	5 4 1.3— 2 1	
4. The session increased my knowledge and skills.	5 4 3 2 1	i i
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6. Overall, I am satisfied with this webinar.	5 4 3 2 1	

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Branch ME

WEBINAR ON PHYSICAL FITNESS

	te 211-6-2021	
1) Name Haush typigi 2) Roll No 18	923140017	
Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point rating scale to th statement. Please	
5= Excellent 4= Very good 3=Good 2=Average	1= Below Average	
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 The information and/or skill presented were relevant and useful. 	5 4 (3 2 1	
4. The session increased my knowledge and skills.	5 4 3 2 1	
 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5 4 3 2 1	
6. Overall, I am satisfied with this webinar.	5 4 L3 2 1	



WEBINAR ON PHYSICAL FITNESS

		ite_ 211-6-2021	
	1) Name <u>Chetah Cautam</u> 2) Roll No <u>1</u> Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	\$23140015 point rating scale to ch statement. Please	(9)
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average	
	Questions	Answer's	
1.	Workshop / Webinar objectives were stated clearly and meet.	5 [4] 3 2 1	
2.	The workshop / Webinar was well organised.	5 4 3 2 1	8
3.	The information and/or skill presented were relevant and useful.	5 4 3 2 1	
4.	The session increased my knowledge and skills.	5 4 13 2 1	53
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5 4 13-2 1	8
6	Overall Lam satisfied with this webinar.	5 LA 3 2 1	



WEBINAR ON PHYSICAL FITNESS

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Branch 112

	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies					
	5= Excellent 4= Very good 3=Good 2=Average	1= B	elow i	Average	9	
	Questions		Α	nswer's		
1.	Workshop / Webinar objectives were stated clearly and meet.	5	4	13	2	1
2.	The workshop / Webinar was well organised.	5	۵	3	2	1
3.	The information and/or skill presented were relevant and useful.	5	الحا	3	2	1
4.	The session increased my knowledge and skills.	15	4	3	2	1
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5	4	13	2	1
6	Overall, I am satisfied with this webinar.	5	4	L3-	2	1

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Director R.D. Engineering College Duhai, Ghaziabad

24-16-2021

WEBINAR ON PHYSICAL FITNESS

Branch

Sth

	1) Name Bhasiat Janman 2) Roll No Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies 5= Excellent 4= Very good 3=Good 2=Average	point h sta	ratin iteme	g scale	ise	
	Questions		Α	nswer'	s	
1.	Workshop / Webinar objectives were stated clearly and meet.	5	14	3	2	1
2.	The workshop / Webinar was well organised.	5	4	13	2	3
3.	The information and/or skill presented were relevant and useful.	5	4	13	2	
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5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5	4	t3	2	OF ST
6.	Overall, I am satisfied with this webinar.	5	L4	3	2	

WEBINAR ON PHYSICAL FITNESS

	Branch ME Semester 5th Da 1) Name Ashad William 2) Roll No 13			-202)_		
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point i	rating	g scale		8	
	5= Excellent 4= Very good 3=Good 2=Average	1= Be	low .	Averag	e		
	Questions		A	nswer'	s		
1.	Workshop / Webinar objectives were stated clearly and meet.	5	10	3	2	1	
2.	The workshop / Webinar was well organised.	(5)	4	3	2	1	
3.	The information and/or skill presented were relevant and useful.	5	4	13	2	1	
4.	The session increased my knowledge and skills.	5	14	3	2	1	
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5	4	13	2	1	
6	Overall Lam satisfied with this webinar.	5	14	3	2	1	



WEBINAR ON PHYSICAL FITNESS

	Full de la contraction de la c	te 24-6-2021 823140007	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies		
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average	
	Questions	Answer's	
	 Workshop / Webinar objectives were stated clearly and meet. 	5 4 13 2 1	
	2. The workshop / Webinar was well organised.	5 4 3 2 1	
	 The information and/or skill presented were relevant and useful. 	5 4 13 2 1	
	4. The session increased my knowledge and skills.	5 4 3 2 1	
	 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5 4 L3—2 1	
	6. Overall, I am satisfied with this webinar.	5 14 3 2 1	



WEBINAR ON PHYSICAL FITNESS

Branch M75

	1) Name Akhal Ahamata 2) Roll No 1 Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies 5= Excellent 4= Very good 3=Good 2=Average	point rating scale to ch statement. Please 1= Below Average
	Questions	Answer's
	 Workshop / Webinar objectives were stated clearly and meet. 	5 (4 3 2 1
	2. The workshop / Webinar was well organised.	5 4 13 2 1
	 The information and/or skill presented were relevant and useful. 	5 4 3 2 1
)	4. The session increased my knowledge and skills.	5 [4 3 2 1
	 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5 4 13 2 1
	6. Overall, I am satisfied with this webinar.	5 L4 3 2 1



WEBINAR ON PHYSICAL FITNESS

	1) Name Akshay upadhysis 2) Roll No 1 Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies 5 = Excellent 4 = Very good 3 = Good 2 = Average	point i	1 U o rating remer	oou scale	to	¥
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	 Workshop / Webinar objectives were stated clearly and meet. 	5	19	3	2	1
	2. The workshop / Webinar was well organised.	5	4	13	2	1
	The information and/or skill presented were relevant and useful.	15	4	3	2	1
)	The session increased my knowledge and skills.	5	14	3	2	1
	 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5	4	L3_	2	1
	6. Overall, I am satisfied with this webinar.	5	14	3	2	1



WEBINAR ON PHYSICAL FITNESS

	21	923140000
	Name Alway USMOW 2) Roll No 1823 I GOOD 18	
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average
	Questions	Answer's
1.	Workshop / Webinar objectives were stated clearly and meet.	5 14 3 2 1
2.	The workshop / Webinar was well organised.	5 4 3 2 1
3.	The information and/or skill presented were relevant and useful.	5 4 L3 2 1
4.	The session increased my knowledge and skills.	5 4 13 2 1
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5 4 3 2 1
6.	Overall, I am satisfied with this webinar.	5 4 13 2 1



WEBINAR ON PHYSICAL FITNESS

Semester_S th

1) Name Reibuil Laumaic 2) Roll No 1	823110081
Please respond to the following Statements by using the 5 p indicate the extent to which you agree or disagree with eac circle the number that applies	noint rating scale to h statement. Please
5= Excellent 4= Very good 3=Good 2=Average	1= Below Average
Questions	Answer's
 Workshop / Webinar objectives were stated clearly and meet. 	5 4 3 2 1
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The information and/or skill presented were relevant and useful.	5 4 3 2 1
4. The session increased my knowledge and skills.	5 4 3 2 1
 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5 4 3 2 1
6. Overall, I am satisfied with this webinar.	5 4 3 2 1



WEBINAR ON PHYSICAL FITNESS

	Branch ME Semester 5th	Date 24-6-2021	
1) Name A Pin All 2) Roll No 1823 IM OOO! Please respond to the following Statements by using the 5 point rating scale to indicate the extent to which you agree or disagree with each statement. Please circle the number that applies 5 = Excellent 4 = Very good 3 = Good 2 = Average 1 = Below Average Questions Answer's 1. Workshop / Webinar objectives were stated clearly and meet. 2. The workshop / Webinar was well organised. 5 14 3 3. The information and/or skill presented were relevant and useful. 5 4 3	5 point rating scale to	ô	
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1.		5 LA 3 2	1
2.	The workshop / Webinar was well organised.	5 14 3 2	1
3.) - [사진통상 경기 : 1982년 -		1
4.	The session increased my knowledge and skills.	5 4 13 2	1
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6.	Overall, I am satisfied with this webinar.	5 4 28 2	1



WEBINAR ON PHYSICAL FITNESS

Samuelas GM

MG

1) Name Ali Man 2) Roll No 19 Please respond to the following Statements by using the 5 prindicate the extent to which you agree or disagree with each		
circle the number that applies 5= Excellent	1= Below Average	
Questions	Answer's	
Workshop / Webinar objectives were stated clearly and meet.	5 14 3 2 1	
The workshop / Webinar was well organised.	L5 4 3 2 1	
The information and/or skill presented were relevant and useful.	5 4 L3 2 1	
The session increased my knowledge and skills.	5 4 3 2 1	
 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5 4 3 2 1	
6. Overall, I am satisfied with this webinar.	5 14 3 2 1	



WEBINAR ON PHYSICAL FITNESS

	Please respond to the following Statements by using the 5 point rating indicate the extent to which you agree or disagree with each statement circle the number that applies 5 = Excellent	rating scal	e to	3		
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4.	The session increased my knowledge and skills.	5	4 L3	2	1	
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RD ENGINEERING COLLEGE WEBINAR ON PHYSICAL FITNESS MECHANICAL IV YEAR (2020-2021) DATE: 24/06/2021 SIGNATURE ROLL NO. STUDENT'S NAME S NO. AAKARSH SINGHAL 1723140001 1723140002 ABHINAV KUMAR 1723140003 ABHISHEK 1723140004 ABHISHEK 1723140005 AKSHAY PAL 5 1723140006 AMIT CHAUDHARY 6 Absent 1723140009 ASHISH SHARMA 1723140010 ATUL KUMAR ρ 8 1723140011 BHASKAR CHOUDHARY Absent 9 1723140012 BUNIL SAHANI 10 Absen 1723140013 DEEPAK 11 1723140014 DEEPAK KUMAR P 12 1723140015 DEEPAK KUMAR 13 1723140016 DEEPAK KUMAR GUPTA 14 Absent 1723140017 GAURAV SAINI 15 1723140020 HARSHIT SINGHAL 16 1723140021 JATIN KUMAR P 17 1723140022 JAYPRAKASH PAL Absen 18 1723140023 KM SHIVANI RAJ P 19 1723140024 KUNAL KUMAR p 20 1723140025 LOKESH GAUTAM P 21 1723140028 MONU 1723140029 MUKESH YADAV 23 1723140030 NISHANT P 24 1723140031 NITESH KUMAR 25 1723140032 NITIN MISHRA P 26 1723140033 NIKHIL RAGHAV Absen 27 1723140034 RAHUL KUMAR GAUTAM 28 1723140035 RAHUL SINGH 29 1723140036 RAJEEV SINGH 30 1723140037 SHIKHAR TYAGI Absent 31 1723140038 SHIVAM 32 1723140039 SHYAM SINGH absent 33 1723140040 SUMIT KUMAR 34 1723140041 SURAJ 35 1723140042 SURAJ KUSHWAHA 36 1823140901 MOHIT KUMAR SINGH 37 1823140902 NISHANT SWAROOP GOUR 38 1823140903 SHIVAM SHARMA 39 1823140904 SHIVAM TYAGI 40 VISSAKOTI DURGA SAI KIRAN 41 1765440023





WEBINAR ON PHYSICAL FITNESS

1) Name FIGITION TOTAL	431 1000 Z
Please respond to the following Statements by using the 5 p indicate the extent to which you agree or disagree with eac circle the number that applies	
5= Excellent 4= Very good 3=Good 2=Average	1= Below Average
Questions	Answer's
 Workshop / Webinar objectives were stated clearly and meet. 	5 4 3 2 1
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The information and/or skill presented were relevant and useful.	5 4 3 2 1
4. The session increased my knowledge and skills.	5 4 3 2 1
 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5 4 3 2 1
6. Overall, I am satisfied with this webinar.	5 4 3 2 1



WEBINAR ON PHYSICAL FITNESS

	Branch ME Semester 7th Date 1) Name Abhishek 2) Roll No 17			202	1_	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point i ch stat	rating emer	scale nt. Plea	to ise	72
	5= Excellent 4= Very good 3=Good 2=Average	1= Be	elow i	Averag	е	
)	Questions		A	nswer'	s	
	 Workshop / Webinar objectives were stated clearly and meet. 	(5)	4	3	2	1
	2. The workshop / Webinar was well organised.	5	4	3	2	1
	 The information and/or skill presented were relevant and useful. 	5	4	3	2	1
	4. The session increased my knowledge and skills.	5	4	3	2	1
	 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5	4	3	2	1
	6. Overall, I am satisfied with this webinar.	5	4	3	2	1



WEBINAR ON PHYSICAL FITNESS

	Branch ME Semester 7th Da 1) Name Abhishek 2) Roll No 17	te <u>2</u> 1	4/00	5/20 104	21	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point . ch stat	rating temen	scale t. Plea	to ise	æ
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	2. The workshop / Webinar was well organised.	5	4	3	2	1
	 The information and/or skill presented were relevant and useful. 	(5)	4	3	2	1
	4. The session increased my knowledge and skills.	5	4	3	2	1
	 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5	4	3	2	1
	6. Overall, I am satisfied with this webinar.	(5)	4	3	2	1



WEBINAR ON PHYSICAL FITNESS

	1) Name Akshay Pal 2) Roll No 17 Please respond to the following Statements by using the 5	2314 point	rating	scale	to	Œ
	5= Excellent 4= Very good 3=Good 2=Average	1= Be	elow A	Averag	je	
	Questions	2) Roll No 1723140005 to the following Statements by using the 5 point rating scale to ent to which you agree or disagree with each statement. Please or that applies 4= Very good 3=Good 2=Average 1= Below Average Questions Answer's Schinar objectives were stated clearly and 5 4 3 2 1 Webinar was well organised. 5 4 3 2 1 and/or skill presented were relevant and 5 4 3 2 1 provided adequate time for question and isfactorily.				
1.	Workshop / Webinar objectives were stated clearly and meet.	5	4	3	2	1
2.	The workshop / Webinar was well organised.	(5)	4	3	2	1
3.	The information and/or skill presented were relevant and useful.	5	4	3	2	1
4.	The session increased my knowledge and skills.	5	4	3	2	1
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5	4	3	2	1
6.	Overall, I am satisfied with this webinar.	(5)	4	3	2	1



WEBINAR ON PHYSICAL FITNESS

	1) Name Atul Kurar 2) Roll No 17 Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with ea circle the number that applies	point i ch state	400 rating emen	SCALE t. Plea	to	¥
	5= Excellent 4= Very good 3=Good 2=Average Questions	1= 86		A <i>verag</i> nswer'	-	
9	Workshop / Webinar objectives were stated clearly and meet.	5	4	3	2	1
	2. The workshop / Webinar was well organised.	5	4	3	2	1
	The information and/or skill presented were relevant and useful.	5	4	3	2	1
	4. The session increased my knowledge and skills.	5 (4	3	2	1
	 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5	4	3	2	1
	6. Overall, I am satisfied with this webinar.	(5)	4	3	2	1



WEBINAR ON PHYSICAL FITNESS

	Branch ME Semester 7th Date 24/06/2021 1) Name Buril Sahani 2) Roll No 17231 400/2 Please respond to the following Statements by using the 5 point rating scale to indicate the extent to which you agree or disagree with each statement. Please circle the number that applies 5 = Excellent 4 = Very good 3 = Good 2 = Average 1 = Below Average Questions Answer's Workshop / Webinar objectives were stated clearly and meet. 5 4 3 2					
	indicate the extent to which you agree or disagree with ea	concl Schant 2) Roll No 17231 40012 and to the following Statements by using the 5 point rating scale to be extent to which you agree or disagree with each statement. Please sumber that applies at 4= Very good 3=Good 2=Average 1= Below Average Questions Answer's / Webinar objectives were stated clearly and 5 4 3 2 app / Webinar was well organised. 5 4 3 2 tion and/or skill presented were relevant and 5 4 3 2 increased my knowledge and skills. 5 4 3 2 ser(s) provided adequate time for question and 5 4 3 2	to	3		
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	Questions		А	nswer'	s	
1.		5	4	3	2	1
2.	The workshop / Webinar was well organised.	5	4	3	2	1
3.	The information and/or skill presented were relevant and useful.	5	4	3	2	1
4.	The session increased my knowledge and skills.	5	4	3	2	1
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5	4	3	2	1
6	Overall I am satisfied with this wehinar	5	4	(3)	2	1



WEBINAR ON PHYSICAL FITNESS

	1) Name Deepak 2) Roll No 13 Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	1231 point	400 rating	scale	to	lo.
	5= Excellent 4= Very good 3=Good 2=Average	1= B	elow A	Averag	е	
)	Questions		A	nswer'	s	
	 Workshop / Webinar objectives were stated clearly and meet. 	5	4	3	2	1
	2. The workshop / Webinar was well organised.	(5)	4	3	2	1
	 The information and/or skill presented were relevant and useful. 	5	4	3	2	1
•	4. The session increased my knowledge and skills.	5	4	3	2	1
	 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5	4	3	2	1
	6. Overall, I am satisfied with this webinar.	5	4	3	2	1



WEBINAR ON PHYSICAL FITNESS

	te 24/06/2021 123140014 point rating scale to ch statement. Please	
5= Excellent 4= Very good 3=Good 2=Average	1= Below Average	
Questions	Answer's	ĵ
 Workshop / Webinar objectives were stated clearly and meet. 	5 4 3 2 1	
2. The workshop / Webinar was well organised.	5 4 3 2 1	
 The information and/or skill presented were relevant and useful. 	5 4 3 2 1	
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 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5 4 3 2 1	
6. Overall, I am satisfied with this webinar.	5 4 3 2 1	





WEBINAR ON PHYSICAL FITNESS

1) Name Dee bak Kumar 2) Roll No 1 Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies 5= Excellent 4= Very good 3=Good 2=Average	†23 point ch sta	rating temer	scale	to	8
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2. The workshop / Webinar was well organised.	(5)	4	3	2	1
 The information and/or skill presented were relevant and useful. 	5	4	3	2	1
4. The session increased my knowledge and skills.	5	4	3	2	1
 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5	4	3	2	1
6. Overall, I am satisfied with this webinar.	(5)	4	3	2	1

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WEBINAR ON PHYSICAL FITNESS

-	1) Name Gallara V Sain 2) Roll No 17 Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies 5= Excellent 4= Very good 3=Good 2=Average	point r ch state	Y DC rating emen	17 scale	to	4
)	Questions		Ar	swer'	S	
	 Workshop / Webinar objectives were stated clearly and meet. 	5	4	3	2	1
	2. The workshop / Webinar was well organised.	5	1	3	2	1
	 The information and/or skill presented were relevant and useful. 	5	4	3	2	1
)	4. The session increased my knowledge and skills.	5	4	3	2	1
	 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5	4	3	2	1
	6. Overall, I am satisfied with this webinar.	(5)	4	3	2	1



WEBINAR ON PHYSICAL FITNESS

Please respond to the following Statements by using the indicate the extent to which you agree or disagree with	Pate 24 06 2021 172314 0021 5 point rating scale to each statement. Please
circle the number that applies 5= Excellent	e 1= Below Average
Questions	Answer's
 Workshop / Webinar objectives were stated clearly and meet. 	5 4 3 2 1
2. The workshop / Webinar was well organised.	5 4 3 2 1
The information and/or skill presented were relevant and useful.	5 4 3 2 1
The session increased my knowledge and skills.	5 4 3 2 1
 The presenter(s) provided adequate time for question are answer them satisfactorily. 	5 4 <u>3</u> 2 1
6 Overall Lam satisfied with this webinar.	5 4 3 2 1



WEBINAR ON PHYSICAL FITNESS

	Branch ME Semester 7th Da 1) Name Kunal Kumar 2) Roll No 17	231 (24	21	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies					\$
ĵes	5= Excellent 4= Very good 3=Good 2=Average	1= B	elow A	Averag	ie	
)	Questions		ιA	nswer'	s	
	 Workshop / Webinar objectives were stated clearly and meet. 	5	4	3	2	1
	2. The workshop / Webinar was well organised.	5	4	3	2	1
	 The information and/or skill presented were relevant and useful. 	(5)	4	3	2	1
0	4. The session increased my knowledge and skills.	5	4	3	2	1
	 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5	4	3	2	1
	6. Overall, I am satisfied with this webinar.	5	4	3	2	1

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WEBINAR ON PHYSICAL FITNESS

	1) Name Loketh Gautam 2) Roll No 13 Please respond to the following Statements by using the 5	Point	14c	o2 scale	5 e to		
	Please respond to the following Statements by using the 5 point rating scale indicate the extent to which you agree or disagree with each statement. Please iricle the number that applies 5 = Excellent	ase					
	5= Excellent 4= Very good 3=Good 2=Average	1= B	elow .	Avera	ge		
	Questions		А	nswer	's		
1.	Workshop / Webinar objectives were stated clearly and meet.	5	4	3	2	1	
2.	The workshop / Webinar was well organised.	5	4	3	2	1	
3.	The information and/or skill presented were relevant and useful.	5	4	3	2	1	
4.	The session increased my knowledge and skills.	5	4	3	2	1	
5.	The presenter(s) provided adequate time for question and	5	4	3	2	1	



6. Overall, I am satisfied with this webinar.

R.D. Engineering College Duhai, Ghaziabad

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WEBINAR ON PHYSICAL FITNESS

	1) Name ME Semester 7th Da 2) Roll No 1=			120	2)	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies 5= Excellent 4= Very good 3=Good 2=Average	ch stat	temen	scale t. Plea	ise	3
6	Questions		Ar	nswer'	5	
	 Workshop / Webinar objectives were stated clearly and meet. 	5	4	3	2	1
	2. The workshop / Webinar was well organised.	5	4	3	2	1
	 The information and/or skill presented were relevant and useful. 	5	4	3	2	1
)	4. The session increased my knowledge and skills.	5	4	3	2	1
	 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5	4	3	2	1
	6. Overall, I am satisfied with this webinar.	5	4	3	2	1



WEBINAR ON PHYSICAL FITNESS

	Branch ME Semester 7th Day 1) Name Nishant 2) Roll No 17	12 3 17	1	1200	77	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point i ch stat	rating emen	scale t. Plea	to	~
	5= Excellent 4= Very good 3=Good 2=Average	1= Be	elow A	lverag	е	
	Questions		Ar	swer's	s	
	 Workshop / Webinar objectives were stated clearly and meet. 	5		3	2	1
	2. The workshop / Webinar was well organised.	5	4	3	2	1
	The information and/or skill presented were relevant and useful.	5	4	3	2	1
	4. The session increased my knowledge and skills.	5	4	3	2	1
	 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5	4	3	2	1
	6. Overall, I am satisfied with this webinar.	5	4	3	2	1



WEBINAR ON PHYSICAL FITNESS

Branch MG Semester 7th Da 1) Name Nitesh Kumar 2) Roll No 1	te <u>24/06/2621</u> 723140031
Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with eacircle the number that applies	point rating scale to ch statement. Please
5= Excellent 4= Very good 3=Good 2=Average	1= Below Average
Questions	Answer's
 Workshop / Webinar objectives were stated clearly and meet. 	5 4 3 2 1
2. The workshop / Webinar was well organised.	5 4 3 2 1
 The information and/or skill presented were relevant and useful. 	5 4 3 2 1
4. The session increased my knowledge and skills.	5 4 3 2 1
 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5 4 3 2 1
6. Overall, I am satisfied with this webinar.	5 4 3 2 1



WEBINAR ON PHYSICAL FITNESS

Please respond	Semes In Mishona to the following S tent to which you	itatements l	2) Roll No <u>l</u> by using the 5	point	400 rating	032 g scale	to	
circle the numb		agree or ans	agree with ea	cii stat	Cirier	it. Fiet	136	
5= Excellent	4= Very good	3=Good	2=Average	1= Be	elow i	Averag	je	
	Questions				A	nswer	's	
Workshop / Womeet.	ebinar objectives v	vere stated	clearly and	5	4	3	2	1
The workshop /	Webinar was well	organised.		5	4	3	2	1
	ID'S WOOT		N S	(5)	4	3	2	1

1.

2. The workshop / Webinar was well organised.

5 4 3 2 1

3. The information and/or skill presented were relevant and useful.

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4. The session increased my knowledge and skills.

5 4 3 2 1

5 7 4 3 2 1

6. Overall, I am satisfied with this webinar.



WEBINAR ON PHYSICAL FITNESS

	1) Name Robert Singh 2) Roll No 17 Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	Point i	400 rating	scale	to	12
-	5= Excellent 4= Very good 3=Good 2=Average	1= Be	low A	Averag	e	
	Questions		Aı	nswer'	s	
	 Workshop / Webinar objectives were stated clearly and meet. 	5	4	3	2	1
	2. The workshop / Webinar was well organised.	(5)	4	3	2	1
	The information and/or skill presented were relevant and useful.	5	4	3	2	1
	4. The session increased my knowledge and skills.	,5	4	3	2	1
	 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5	4	3	2	1
	6. Overall, I am satisfied with this webinar.	5	4	3	2	1



WEBINAR ON PHYSICAL FITNESS

	1) Name Rajeov Singh 2) Roll No 17 Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	231 point	40 rating	scale	to	27
	5= Excellent 4= Very good 3=Good 2=Average	1= Be	elow	Averag	e	
	Questions		Α	nswer'	s	
	 Workshop / Webinar objectives were stated clearly and meet. 	5	4	3	2	1
	2. The workshop / Webinar was well organised.	(5)	4	3	2	1
	The information and/or skill presented were relevant and useful.	5	4	3	2	1
)	4. The session increased my knowledge and skills.	5	4	3	2	1
	 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5	4	3	2	1
	6. Overall, I am satisfied with this webinar.	5	4	3	2	1



WEBINAR ON PHYSICAL FITNESS

	2. 21.	te_24/06/2021 423140037 point rating scale to th statement. Please	98
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average	
	Questions	Answer's	
1.	Workshop / Webinar objectives were stated clearly and meet.	5 4 3 2 1	
2.	The workshop / Webinar was well organised.	5 4 3 2 1	
3.	The information and/or skill presented were relevant and useful.	5 4 3 2 1	
4.	The session increased my knowledge and skills.	5 4 3 2 1	
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5 4 3 2 1	
6.	Overall, I am satisfied with this webinar.	5 4 3 2 1	



WEBINAR ON PHYSICAL FITNESS

		te 24/06/2021	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point rating scale to ch statement. Please	e
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average	
I	Questions	Answer's	
	 Workshop / Webinar objectives were stated clearly and meet. 	5 4 3 2 1	
	2. The workshop / Webinar was well organised.	5 4 3 2 1	
	The information and/or skill presented were relevant and useful.	5 4 3 2 1	
	4. The session increased my knowledge and skills.	5 4 3 2 1	
	 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5 4 3 2 1	
	6. Overall, I am satisfied with this webinar.	5 4 3 2 1	



WEBINAR ON PHYSICAL FITNESS

		nte <u>24/06/2021</u> 723140039 point rating scale to th statement. Please
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average
)	Questions	Answer's
	 Workshop / Webinar objectives were stated clearly and meet. 	5 4 3 2 1
	2. The workshop / Webinar was well organised.	5 4 3 2 1
	The information and/or skill presented were relevant and useful.	5 4 3 2 1
)	4. The session increased my knowledge and skills.	5 4 3 2 1
	 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5 4 3 2 1
	6. Overall, I am satisfied with this webinar.	5 4 3 2 1



WEBINAR ON PHYSICAL FITNESS

1) Name Sumit Kuman 2) Roll No 17 Please respond to the following Statements by using the 5	Date 24/06/202 II No 1723/40040 If the 5 point rating scale							
indicate the extent to which you agree or disagree with each circle the number that applies 5= Excellent 4= Very good 3=Good 2=Average	ch statement. 1= Below Av		.56					
Questions	Answer's							
 Workshop / Webinar objectives were stated clearly and meet. 	5 4	3 2	1					
2. The workshop / Webinar was well organised.	(5) 4	3 2	1					
 The information and/or skill presented were relevant and useful. 	5 4 (3) 2	1					
4. The session increased my knowledge and skills.	5 4	3 2	1					
 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5 4 (3) 2	1					
6. Overall, I am satisfied with this webinar.	5 4	3 2	1					



WEBINAR ON PHYSICAL FITNESS

	1) Name Surgin 2) Roll No 17 Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each	point ch stat	100 rating	scale	to	
)	5= Excellent 4= Very good 3=Good 2=Average Questions	1= B		A <i>verag</i> nswer	3	
	Workshop / Webinar objectives were stated clearly and meet.	5	4	3	2	1
	2. The workshop / Webinar was well organised.	0	4	3	2	1
	The information and/or skill presented were relevant and useful.	5	4	3	2	1
)	The session increased my knowledge and skills.	5	0	3	2	1
	 The presenter(s) provided adequate time for question and answer them satisfactorily. 	3	4	3	2	1
	6. Overall, I am satisfied with this webinar.	(5)	4	3	2	1





WEBINAR ON PHYSICAL FITNESS

	1) Name Shivam Tyagi 2) Roll No 19 Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies 5= Excellent 4= Very good 3=Good 2=Average	point ch stai	rating temen	1/262 90 9 scale st. Plea	ise	8
0	Questions		Ar	nswer'	s	
	 Workshop / Webinar objectives were stated clearly and meet. 	5	4	3	2	1
	2. The workshop / Webinar was well organised.	5	4	3	2	1
	The information and/or skill presented were relevant and useful.	5	4	3	2	1
)	4. The session increased my knowledge and skills.	5	4	3	2	1
	 The presenter(s) provided adequate time for question and answer them satisfactorily. 	5	4	3	2	1
	6. Overall, I am satisfied with this webinar.	5	4 (3	2	1



Feedback Form

WEBINAR ON PHYSICAL FITNESS

		ate <u>24/06/2021</u> 23/40009	
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point rating scale to	22.
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average	
	Questions	Answer's	=
1.	Workshop / Webinar objectives were stated clearly and meet.	5 4 3 2 1	
2.	The workshop / Webinar was well organised.	5 4 (3) 2 1	
3.	The information and/or skill presented were relevant and useful.	5 4 3 2 1	
4.	The session increased my knowledge and skills.	5 4 (3) 2 1	
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5 4 3 2 1	
6.	Overall, I am satisfied with this webinar.	5 4 3 2 1	



Director R.D. Engineering College Duhai, Ghaziabad

Feedback Form

WEBINAR ON PHYSICAL FITNESS

		te 24/06/2021 723/40029									
	Please respond to the following Statements by using the 5 indicate the extent to which you agree or disagree with each circle the number that applies	point rating scale to									
	5= Excellent 4= Very good 3=Good 2=Average	1= Below Average									
	Questions	Answer's									
1.	Workshop / Webinar objectives were stated clearly and meet.	5 4 3 2 1									
2.	The workshop / Webinar was well organised.	5 4 3 2 1									
3.	The information and/or skill presented were relevant and useful.	5 4 3 2 1									
4.	The session increased my knowledge and skills.	5 4 3 2 1									
5.	The presenter(s) provided adequate time for question and answer them satisfactorily.	5 4 3 2 1									
6.	Overall, I am satisfied with this webinar.	5 4 3 2 1									



R.D. Engineering College Duhai, Ghaziabad

R.D. ENGINEERING COLLEGE DEPARTMENT OF MBA

(Capacity building and skills Initiatives)

Session- 2020-2021

Program

LIFE SKILL

Topics

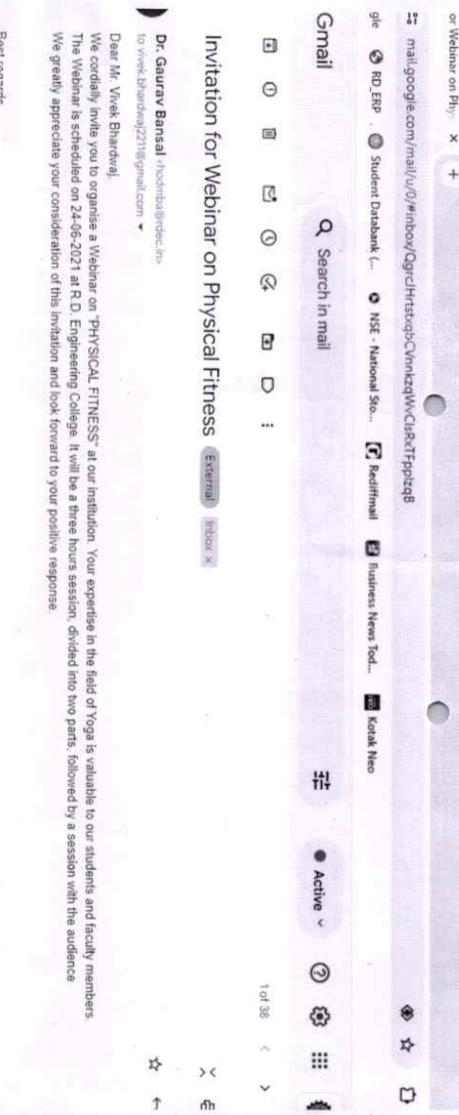
WEBINAR ON PHYSICAL FITNESS

Date

24/06/2021







Best regards

Dr. Gaurav Bansal Head & Professor MBA Department R.D. Engineering College, Duhai, Ghaziabad(U.P.)

R.D. Engineering College Duhal, Ghaziabad



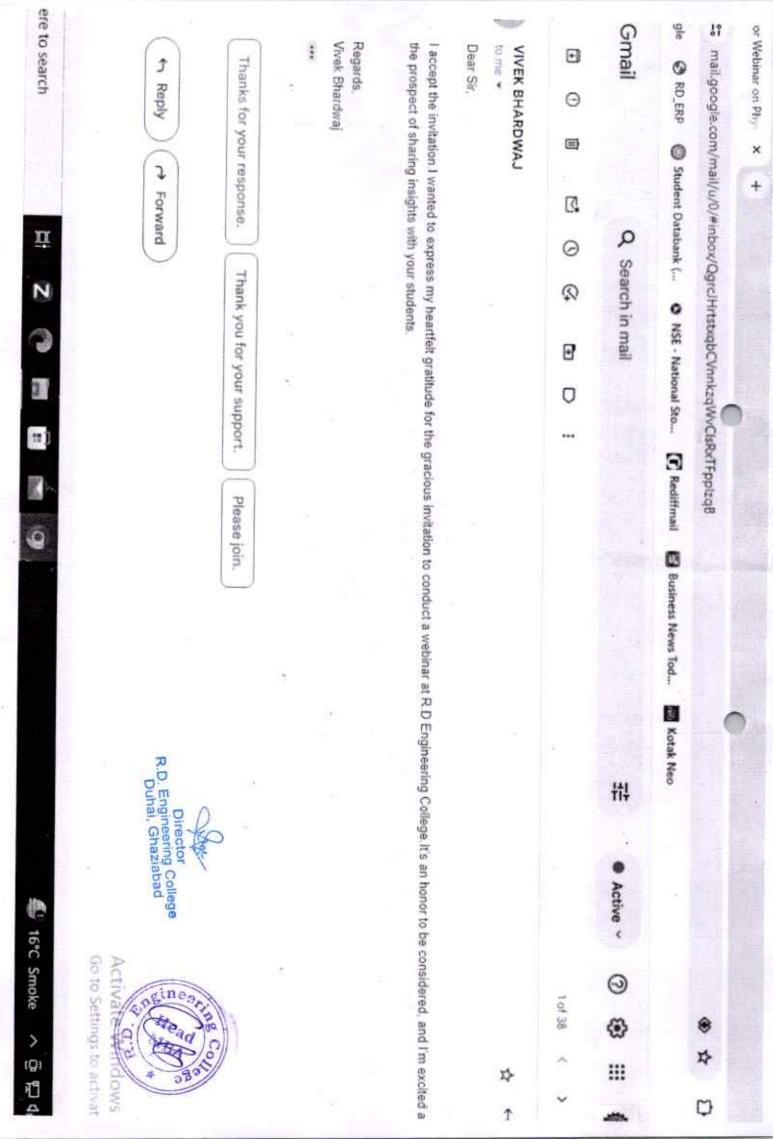
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R.D. ENGINEERING COLLEGE

Approved by AICTE New Delhi & Affiliated to Dr.APJ Abdul Kalam Technological University,
Lucknow
Under the aegis of IQAC

Notice

This is hereby informed to all the students of MBA that a one day student webinar on PHYSICAL FITNESS will be organized by the R.D Engineering College, Ghaziabad in association with IQAC on 24/06/2021 at 10:00 am on google meet.

Faculty coordinator for above program is Mr. Sarthak Tyagi. Contact him for any further queries or difficulties.

Dr.Gaurav Bansal

(Head& Professor, MBA Dept.)

CC:

Director

Registrar

IQAC

Departmental Notice Board

Hostel Notice Board

Director R.D. Engineering College Duhai, Ghaziabad



VIVEK BHARDWAJ

10/155 Geeta Colony Delhi-110031, India Ph: 09650933755, 01122509898

OBJECTIVES

- To serve the people through knowledge and practice of yoga, that I acquired in reputed institutes through my sincere efforts.
- 2. To disseminate yoga in its real form.

ACADEMICS

B.Sc. (Zoology Hones)

PROFESSIONAL QUALIFICATIONS

- Diploma in pharmacy(two years)
 PUSA Polytechnic
- Two years diploma in yoga (DYT)
 Morarji Desai National Institute of Yoga.
 (Ministry of health, Govt. of India)
- 3. Bachelor of physical education (B.P.Ed)
 Jivaji university

PROFESSIONAL EXPERIENCE

- Yoga instructor and health consultant in Anandateet Yog Sadhna Kendra, Gandhi Nagar.
- 2. Writing a book on Yogasanas.
- Assigned as a yoga instructor for justice of supreme court through Morarji Desai National Institute of Yoga.
- 4. Resource person in state council of education research and training (SCERT) seminars for yoga teachers.
- Articles published in SCERT magazine.
- 6. Conducted yoga classes in Swami Vivekanand yog samsthan (SVYASA), Bangluru, Moraji Desai National Institute of yoga, Delhi and Rajan Babu T.B Hospital, Delhi.

R.D. Engine

Duhai,

PERSONAL DETAILS

Date of Birth

22nd November 1981

Father's Name

Dr. Kaushal Kumar Bhardwaj

Languages known

English and Hindi

Permanent Address

10/155 Geeta Colony Delhi-110031

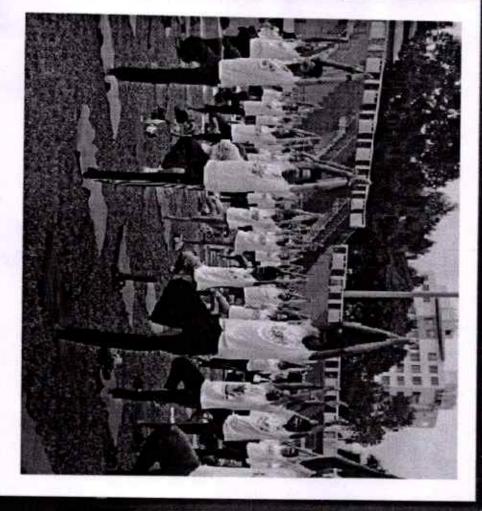
Contact Numbers

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9" Km. Stone on NH-58 Delhi Meerut Road , Duhai , Ghaziabad-201206 U.P., Contact: 0120-2679301/02/03/04, Affiliated to Dr. APJ AKTU, Lucknow (Formerly know as UPTU) & Approved by AICTE, New Delhi Fax: 01202679300, E-mail: Info@rdec.in



WEBINAR

PHYSICAL FITNESS



G College

Mr. VIVEK BHARDWAJ

VENUE: Google Meet

TIME: 10:00AM

DATE:24/06/2021





R.D. ENGINEERING COLLEGE

Approved by AICTE New Delhi & Affiliated to Dr.APJ Abdul Kalam Technical University, Lucknow
Under the aegis of IQAC

DEPARTMENT OF MBA

Session 2020-21

Report of Information and Communication Technology.

TOPIC: WEBINAR ON PHYSICAL FITNESS

SPEAKER: Mr. Vivek Bhardwaj

DATE: 24/06/2021

TIME: 10:00 am-01:00pm

VENUE: Google Meet.

This program is organized by Department of MBA to benefit and enhance the physical and mental health of MBA students. Approximately 60 students have benefits by this program.

- Better focus in school.
- Improves school attendance.
- Better academic performance.

neerin

Head

OBJECTIVES:-

Physical fitness achievements contribute significantly to building self-esteem and confidence.

FUTURE OUTCOMES:-

- Enhanced cognitive abilities, stress reduction, improved discipline and holistic personal growth are benefits of physical fitness.
- Physical fitness has always been an important aspect of a student's development. Recent times have highlighted the fact that a student's well-rounded development is incomplete without a strong emphasis on physical fitness.

Director College R.D. Engineering College Duhai, Ghaziabad

HOD MBA

(SIGNATURE)

EVENT COORDINATOR

(SIGNATURE)

FEEDBACK FORM SESSION (2020-2021) BINAR ON PHYSICAL FITNESS

WEBINAR ON PHYSICAL FITNESS

DATE: 24-06-2020

QUESTIONS FOR ONLINE FEEDBACK:

Webinar objectives were stated clearly and meet.

The Webinar was well organised.

3. The information and/or skill presented were relevant and useful.

The webinar increased my knowledge and skills.

5. The presenter(s) provided adequate time for question and answer them satisfactorily.

Overall, I am satisfied with this webinar.

Please respond to the following Statements by using the 5 point rating scale to indicate the extent to which you agree or disagree with each statement. 5= Excellent 4= Very good 3=Good 2=Average 1= Below Average

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SNO.	BRANCH	SEM	ROLL NO.	NAME	QUESTION NO.1 QUESTION NO.2	- 4		QUESTION NO.4	QUESTION NO.5
1	MBA	I SEM	2002310700004	Anjali Sharma	s		4	5	3
2	MBA	LSEM	2002310700005	Eshita Roy	4	4	Un .	4	ω .
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4	MBA	I SEM	2002310700007	Hena Nigar	4	4	un. (ω.	,
UN.	MBA	I SEM	2002310700008	Kajal	5		24	4	4
6	MBA	Masi	2002310700009	Kajal Chandela	4	4	3	4	A .
7	MBA	I SEM	2002310700010	Keshav Sharma	w	UT.	05 (,	,
00	MBA	ISEM	2002310700011	Km. Shivani			^	D 1	0 1
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11	MBA	I SEM	2002310700014	Kunwar Junaid Ahmad	Ų2	4	.	ur (01 (
12	MBA	SEM	2002310700016	Manya Tyagi	5	(A	4	ω	5
13	MBA	I SEM	2002310700017	Meenu Rani	5	4	5	w	4
14	MBA	ISEM	2002310700018	Mohd. Sazid	S	5	4	4	w
15	MBA	ISEM	2002310700019	Neha Sharma	ω	5	5	un	an II
16	MBA	I SEM	2002310700020	Pankaj Pandey	ω	(A	5	4	4
17	MBA	ISEM	2002310700021	Pawan	4	4	Un	u	5
18	MBA	ISEM	2002310700022	Priya Singh	5	5	5	un	us II
19	MBA	ISEM	2002310700023	Priyanshi Aggarwal	4	3	ω	us	un
20	MBA	I SEM	2002310700024	Priyanshi Sharma	4	(n	5	4	4
21	MBA	I SEM	2002310700042	Tanishk Bansal	5	4	u	w .	. س
22	MBA	ISEM	2002310700043	Tannu Priya	4	w	w	4	4
23	MBA	1 SEM	2002310700044	Ujjawal Tyagi	5	4	4	ı,	5
24	MBA	ISEM	2002310700045	Vaishali Tyagi	5	Ç,	u	4	4
25	MBA	I SEM	2002310700046	Vaishanavi Sharma	S	4	4	5	US .





WEBINAR ON PHYSICAL FITNESS SESSION (2020-2021) FEEDBACK FORM

DATE: 24-06-2021

QUESTIONS FOR ONLINE FEEDBACK :

- Webinar objectives were stated clearly and meet.
- The Webinar was well organised.
- The information and/or skill presented were relevant and useful.
- . The webinar increased my knowledge and skills.
- . The presenter(s) provided adequate time for question and answer them satisfactorily.
- Overall, I am satisfied with this webinar.

Please respond to the following Statements by using the 5 point rating scale to indicate the extent to which you agree or disagree with each statement.

15 MBA 16 MBA 17 MBA 18 MBA 19 MBA 20 MBA 21 MBA 22 MBA 23 MBA 24 MBA									+		1	-	+	+	-	+	+			-	-		-		SNO. BRANCH	
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STATE OF THE PERSON NAMED IN	MISHAII	SONIYA SINGH	SONAM	1902310700052 SHUBHANKAR SHARMA	1902310700051 SHIVANI CHAUDHARY	1902310700029 NAVEEN KUMAR	MOSIN KHAN	MOHIT YADAY	1902310700025 LALITA DIWAKAR	1902310700024 KM SANGEETA CHAUHAN	1902310700022 KISHLAY KUMAR	1902310700021 KAJAL CHOUDHARY	HIMANSHU	DOLI	DIPAK RAM	ARPIT GUPTA	ANUJ DAHIYA	ALOK PATEL	1902310700007 AKSHAY KUMAR	Akash Tyagi	1902310700005 AKASH MATHUR	Akansha saini	1902310700002 Abhinav Chaudhary	Aakash Garg	NAME	5= Excellent 4
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-		5	4	w	4	5	5	4	S	ω	S.	4	5	5	55	4	3	4	5	w	5	4	4	5	QUESTION NO.5	c
		4	ω.	4	5	3	·	4	4	w	4	w	4	3	4	5	3	5	4	4	S	4	ω	3	QUESTION NO.6	



